

2016-17 MIAC Women's Swimming & Diving Regional and National Awards

ATHLETIC HONORS

2017 NCAA Division III Women's Swimming and Diving All-America Team

Caroline Mather	So.	Carleton	100-yard freestyle		
Emma Paulson	Sr.	St. Thomas	50-yard freestyle	100-yard backstroke	200-yard backstroke
Katelyn Strauss	So.	St. Thomas	200-yard fly		

2017 NCAA Division III Women's Swimming and Diving All-America Honorable Mention Team

Haley Cassens	So.	St. Thomas	200-medley relay		
Kennedy Holwerda	Jr.	Gustavus	200-yard freestyle relay		
Alexandra Howard	So.	St. Thomas	400-yard medley relay	400-yard freestyle relay	
Nicole Lohman	Sr.	Gustavus	200-yard freestyle relay		
Caroline Mather	So.	Carleton	50-yard freestyle		
Tiana Molitor	Jr.	St. Thomas	200-yard medley relay	400-yard freestyle relay	
Jenna Nagy	Sr.	St. Catherine	3-meter diving	1-meter diving	
Emma Paulson	Sr.	St. Thomas	200-yard medley relay	400-yard medley relay	400-yard freestyle relay
Kathleen Reilly	Jr.	Gustavus	200-yard freestyle relay		
Melissa Rose	So.	St. Thomas	200-yard medley relay	400-yard medley relay	
Katelyn Strauss	So.	St. Thomas	400-yard medley relay	100-yard fly	
Maggie Webster	So.	Gustavus	200-yard freestyle relay		
Maria Wetzel	Sr.	Carleton	400-yard individual medley		

ACADEMIC AWARDS

2017 CoSIDA Academic All-America At-Large Team

| Emma Paulson | Jr. | St. Thomas | Second Team |

2017 CSCAA Scholar All-America Team

Maria Wetzel	Sr.	Carleton	
Kennedy Holwerda	Jr.	Gustavus	
Kate Reilly	Jr.	Gustavus	
Maggie Webster	So.	Gustavus	
Jenna Nagy	Jr.	St. Catherine	
Claire Walters	Sr.	St. Olaf	
Alex Braeidy	Sr.	Carleton	Honorable Mention
Linnea Rizzo	So.	Gustavus	Honorable Mention
Caitlin Croasdell	Fy.	St. Olaf	Honorable Mention

2017 CoSIDA Academic All-District 6 At-Large Team

| Emma Paulson | Jr. | St. Thomas | First Team |

MIAC AWARDS

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